

## Appointment Bookings at Bridge Cottage Surgery

Did you know you may not always need to see a GP? Other practitioners at the surgery may be qualified to help you. By ensuring you book an appointment with the correct person, not only will it be easier for you to secure a timely appointment, you will also be helping to maximise the efficiency of the appointment system.

Type of Practitioner	Services they can offer
<b>Pharmacist</b>	<ul style="list-style-type: none"> <li>· For minor issues, you can visit any pharmacist. Some medicines may be cheaper purchased directly from the pharmacy rather than on prescription.</li> </ul>
<b>Healthcare Assistant (HCA)</b>	<ul style="list-style-type: none"> <li>· Blood pressure checks (but not hypertension reviews)</li> <li>· B12 injections</li> <li>· Influenza vaccinations, Pneumococcal vaccinations</li> <li>· Shingles vaccinations</li> <li>· MRSA swabs for hospital pre-admission</li> <li>· Ear irrigation</li> <li>· Stitch or clip removal</li> <li>· NHS health checks (45 – 75), other health checks (Frailty or over 75)</li> <li>· ECGs</li> <li>· Dressings and wound care</li> </ul>
<b>Practice Nurse (PN)</b>	<ul style="list-style-type: none"> <li>· Hypertension reviews</li> <li>· Basic medication reviews</li> <li>· Chronic disease management (Asthma &amp; COPD)</li> <li>· Childhood immunisations</li> <li>· Contraception – initiation and continuation – all kinds of contraception, except coil fittings</li> <li>· Contraceptive implant fitting &amp; removal</li> <li>· Cervical screening</li> <li>· Travel advice and immunisations</li> <li>· Women’s health and Men’s health</li> <li>· Spirometry screening</li> <li>· Compression dressings</li> <li>· Administration of injectable medications, e.g. for cancer treatments or hormone replacement</li> </ul>
<b>Advanced Nurse Practitioner (ANP)</b>	<ul style="list-style-type: none"> <li>· Chronic disease management (Asthma, COPD, CHD &amp; Diabetes)</li> <li>· Doppler assessment for investigation of blood supply to lower extremities</li> <li>· Hormone replacement therapy consultations</li> <li>· More complex medication reviews</li> <li>· Minor illness – coughs, cold, chest infections, ear infections, urine infections, rashes, diarrhoea, swollen glands, eye infections, tonsillitis</li> <li>· Minor injuries – cuts, head injuries, sprains – not fractures</li> <li>· <b>Cannot refer to specialist services, request tests involving radiation exposure or issue medical certificates.</b></li> </ul>
<b>General Practitioner (GP)</b>	<ul style="list-style-type: none"> <li>· Referrals to local hospitals and services for specialised advice &amp; treatment</li> <li>· Carry out postnatal checks for new mothers</li> <li>· Carry out development checks for new born babies</li> <li>· See and treat people with minor illnesses and injuries</li> <li>· Some GPs can perform joint injections &amp; cryotherapy</li> <li>· Some GPs are able to fit intra-uterine devices (coils)</li> </ul>

**Now you know who you would like to book an appointment with? See overleaf to see how to do it.**